



NEWSLETTER



SOCIETY FOUNDERS

Joy Austin
J Arthur George

WEST WALES DOWSERS SOCIETY

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Mike Owen

COULD THIS BE YOUR LAST NEWSLETTER? SUBSCRIPTIONS WERE DUE END OF APRIL!

Sunday 23rd February 2014

Ian Pegler could not travel from Aberystwyth due to the stormy weather. His talk, *'Glastonbury and The Welsh Grail'*, has now been rescheduled to Sunday, July 27th replacing the Practise session. Jennifer, Ros and John Seward stepped into the breach with three very interesting talks.

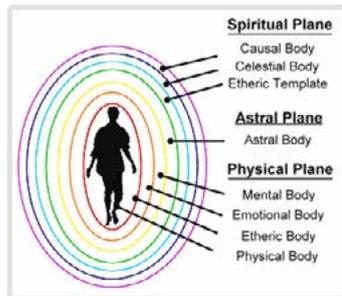
Auras by Jennifer Forrest

The Auric Field

- **The physical field** vibrates at the lowest frequency of all fields, is visible to the human eye without training and changes according to health and wellbeing.
- **The etheric field** is like a blueprint for the physical body. It usually has a grey appearance and changes based on how energy flow throughout the body needs the physical body to develop. It handles energy exchange between the universal energy field and the physical body.
- **The emotional field** is one of the more colourful fields and changes hue based on mood and that wellbeing of each chakra. Stress and tension will affect the state of this field. It is more oval than the etheric field which tends to follow the shape of the physical body.
- **The mental field** is usually more spread out than the emotional even though it overlaps. It is visible as bright yellow, usually around the crown of the head. In religious paintings important figures are seen with a yellow halo just like the mental field appears to those who can see it. It changes depending on how confused or focussed you are and benefits from work on 3rd and 5th chakras.
- **The astral field** acts as a nexus between the physical and spiritual realms. It exists in its own plane, the astral plane, free of the confines of time and space. It generates colours similar to the emotional field, but usually with a reddish hue. Benefits from work on all chakras.
- **The etheric template field** exists purely on the spiritual plane and is the spiritual equivalent of the physical field. It represents the human physically in the spirit plane.
- **The celestial field** or spiritual field has access to all energies from the universe and appears as pastel colours similar to those of the emotional field. It acts as a template for the etheric field in the physical plane.
- **The causal field** is named causal because it is to do with the direction your life is going to take. Appearing as a pale gold to the viewer, this field exists well beyond death and even into the next life. Energy here is used to direct our lower levels of existence based on a world without time or space. It is the equivalent of the mental field in the spiritual plane.



An aura is the energy field around all matter, whether person, plant or animal. Reading auras is useful in tuning you in to illnesses and conditions around you, and many other benefits.



Every time you come into contact with someone, your aura reacts to theirs. If your aura's frequencies are similar you will feel drawn to them. If not, you may feel an instant dislike towards them and have an urge to step away. If you still feel strange when they have moved away, you can visualise 'washing' your aura with a golden light.

The best way to see an aura is to practise looking at trees or flowers using an unfocused gaze. Do not strain to see it, just look a little outside of the leaves and you should see a sort of 'smoky haze' Beginners

will see pale colours such as white, yellow and light blue. With practice, colours will become brighter and easier to read.

Others feel 'spirits' of their dear departed ones in their aura. Jennifer often feels her father with her. She also feels the late, great Rob Hemmings by her side when she needs help with her dowsing.

Hand Dowsing: You will feel a slight pushing when your hands come close to the aura. It may feel cold or warm, thick or thin. The more you practice the better you will be at understanding what you are feeling. There could be gaps or tears, perhaps signifying illness or sadness.

Rods/Pendulums: Stand well away from the person, ask them to relax and tell you when they are ready. Then, with rods/pendulum in hand and ask to be shown the edge of the aura whilst walking slowly towards them. The rods should cross and your pendulum should give the 'Yes' signal.

Interesting Experiences *by Ros Briagha*

We were invited to look at a map of West Wales, then close our eyes and visualise it in our inner vision. Then ask to see a bright light which will show you the area in need of healing. Ros gave a fascinating account of her experiences when doing this exercise when she had honed in on an area in Aberdeenshire and sent it healing. She later learned that there was a stone that was in danger of falling over due to quarrying in the area. She did her visualisation as above and sent it golden light.

When she actually visited the site at a later date, she was amazed to learn that on the first occasion of sending it healing, the archaeologists had arrived and started excavating the site.

When she had sent her second healing the excavations had finished and the stone had been re-erected. This work had been finished the day before Ros had arrived!

This proved to be very exciting for members as they identified their own particular 'plot' in need of healing.

Healing *by John Seward*

John has been a healer for over fifty years and during this time he has learned many different ways of doing it. He advises that healers should leave 'I' out of the equation, there is no room for ego's in this line of work. You should always ask for permission before healing anyone or anything. Use 'May I, Can I, Should I?' Even hugging a tree – is it right to take their energy in this way!

John always gains permission from his clients, then he will visualise getting into a person's aura, so that he can 'see' exactly what his needed. This can also be used for distance healing. He gave an account of a Trance Medium who was the leader of a healing group in Devon. John realised that this person was in trouble and needed healing. He

visualised him standing in a large white circle and then he sent him healing. Ten minutes later the telephone rang. His 'client' asked John if he had 'been there' tonight because he had been seen in their room standing in large white circle!

Visualise a 'dyno rod' for clearing blockages in arteries, intestines etc. Whereas cancers should be 'cut away' using a sharp knife. Visualise broken bones joining together.

Healing by telephone is possible because as you listen to the voice vibrations, John finds he can tell a person what is wrong.

Colour Healing: Visualise the chakras (own or others) starting from the Crown Chakra, and ask for a colour to be shown to you. Then see that colour being placed into the chakra.

AGM – Sunday, March 23rd

John Seward - Chair welcomed 19 members to the AGM 2014. He said that it had been a very good year for the Society and was pleased to see so many at the AGM.

Ros Briagha - Secretary was pleased to hear that members had enjoyed her selection of Speakers last year. She invited members to send her names of other prospective speakers.

Jennifer Forrest –Treasurer: £1600 in Main Account £500 Savings. Due to the healthy balance of funds, she felt that some should be spent on our members. Perhaps a trip (see AOB).

The **Newsletter** is still being sent to the National Library of Aberystwyth. The Committee have agreed to the Editor's request to remove the months on the front page but the Issue Number will remain. The dates of talks would be included in the headings of reports. It's suggested that Members will take the latest Events poster to their local libraries. In all, 8 libraries were identified. Articles are always gratefully received.

Website and Facebook: The number of 'Likes' is growing year on year. In 2012 people following the

page were 36 and to date in 2014, the likes are at 63. Members are requested to share the site widely because the more 'Likes' we can get, the more coverage we get. All of which can gain us new members. The Website is appearing at the top or near the top when people put a variety of dowsing terms into their Search Engines.

John Taylor gave his thanks to all his tea makers and helpers. This made the task much easier.

John Seward also passed on his thanks to all the Committee members. The Committee all agreed to stand again for a further year.

AOB:

1. **Library:** We are no longer allowed to store our library in the Hall due to fire hazards. It was agreed that the books be offered for sale to members with special books being retained for the raffle.
2. We have rather a lot of money in the Account and feel some of it should go back to members. Ideas were sought: Bus Trip to Tintern Abbey, Forest of Dean or Trelech, Monmouthshire, St. Anne's Well, St David's or Donation to Water Aid

27th April 2014 - Earth Mysteries and Ancient Sacred Sites *By Tim Willcocks*

Tim, like many male dowsers, hails from an engineering background. He has also been a University lecturer and school teacher. Later he became interested in reflexology and other spiritual healing therapies before becoming a Bowen Therapist in 1995. He is so well known for the latter in his home area of Malvern, in Worcestershire that he is known locally as 'The Bowen Man'.

Describing himself as a 'gentle hippy' and using some spectacular slides, Tim took us on a whistle stop tour around the world looking at all the sites he has been privileged to witness and also 'sample'. He believes that one can 'tap' into the ancient wisdom embodied in a site and then 'download' it for our own use.

Tim became interested in researching sacred sites when he visited Stonehenge and met the Chief Druid. His Uncle marrying at Avebury also served to spark his interest in the simulacra that can be found on ancient stones and rocks. The 'pictures' present on the megaliths in Avebury, are so clearly to be

seen that it is believed they were chosen deliberately by ancient peoples to represent certain areas in a circle. For instance, a 'skull' can be seen on a stone representing Samhain or Halloween at Avebury.

Because he became interested at an early age, he has been lucky to visit a lot of the sacred sites before 'tourism' started to 'neuter' their energies. During a visit to Newgrange, Ireland in 1964 at the Winter Solstice, he was privileged to witness see the sun shining through the 'Lightbox' above the doorway. Strangely, his wife, who was pregnant at the time, felt an 'invisible hand' stopping her entering the site. Tim explained he thought the energies weren't right for her, in her condition. That's why it's important to always dowse before entering these very ancient and quite powerfully mystic areas.

Unfortunately due to space it's impossible to cover every site that Tim has seen worldwide but he is hoping to produce a book on his experiences at some point.

FORTHCOMING EVENTS

Sunday, June 22nd <i>Sacred Geometry</i>	Richard Attwood
Sunday, July 13th <i>Paxton's Tower, Dryswlyn Castle & Llandeilo Well</i>	Field Trip
Sunday, July 27th <i>Glastonbury and the Welsh Grail</i>	Ian Pegler
Sunday, August 10th <i>Margam Stones & Stone Circle</i>	Field Trip
Sunday, September 14th <i>Manorbier Church</i>	Field Trip
Sunday, September 28th <i>Dowsing for Health</i>	Mark Lange
Sunday, October 26th <i>Useful Dowsing Techniques</i>	Shaun Kirwan
Sunday November 23rd <i>Dance of the Sun and Moon</i>	Ros Briagha

INDOOR MEETINGS

Due to the slight increase in the cost of hiring the hall, indoor meetings will be slightly shorter than before. As a rough guide, the structure of the meetings will be as follows:

1:45pm	Doors open
2:00pm – 3:00pm	Talk by speaker
3:00pm – 3:30pm	Tea break
3:30pm – 4:00pm	Questions for the speaker
4:00pm – 4:45pm	4.45pm Extra 15 mins in summer to practice dowsing and for healing, as and when required.
4:45pm – 5.00pm	Put chairs and tables away

OTHER GROUPS

Stone Circle Creation, Rune & Tarot Readings, Birth Chart Interpretations, Astrology, (Carmarthen / Ammanford):

For enquiries, contact Ros Briagha on 01269 870175 or e-mail: rosbriagha@hotmail.com

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Website - Mark Lange <i>Mobile</i>	01239 614442 07817 064969
General Officer - John Taylor	01267 281706
General Officer - Vivianne Ancliff <i>Mobile</i>	01269 851291/ 07837 737387

DOWSING SERVICES

John Seward <i>Healing</i>	01834 814278
Jennifer Forrest <i>Geopathic Stress Removal, House Clearing</i>	01437 890257
Mark Lange <i>Feng Shui, Bowen Techniques, Allergy Testing</i>	01239 614442
Ian Pegler <i>Wood-turned pendulums & L-rod handles</i>	01970 623695
Sid Vincent <i>Dowsing Bobbers</i>	01437 764415
Glyn Williams <i>Reiki / Reflexology</i>	01267 235565

The above list of service providers is given without prejudice. In providing this list, the West Wales Dowsers Society makes no claim as to the abilities of the dowsers concerned. The Society will not accept liability of any kind, nor does it act as an Agent for any of the dowsers listed. It is the Enquirer's responsibility to enter into any contact direct with the dowser. The dowser is to be employed on a purely personal basis. The West Wales Dowsers Society is a Society affiliated to the British Society of Dowsers. It is not a requirement of either Society that members of the West Wales Dowsers Society providing these services become individual members of the British Society of Dowsers.

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