



# NEWSLETTER



SOCIETY FOUNDERS

Joy Austin  
J Arthur George

WEST WALES DOWSERS SOCIETY  
CYMDEITHAS DAROGANWYR GORLLEWIN CYMRU

*Affiliated to the British Society of Dowsers*

HON LIFE PATRONS

Arthur Bebbington  
Mike Owen

*Apologies but last issue should have been April-May 2010 not June-July!*



'Dowsing at Capel Begawdin'

**STOP PRESS!!! ANNOUNCING FANTASTIC VISIT TO VIEW THE  
MAGNIFICENT AVEBURY STONE CIRCLE ON 12TH SEPTEMBER!!!**

Following the success of the Crop Circle trip last year, Jennifer has very kindly agreed to arrange another but this time to see the Stone Circle at Avebury. If you would like to go it is essential that you let Jennifer know as soon as possible.

It will only go ahead with enough people so book NOW! Prices: £27 for members and £30 for guests. Start at Penblewin Roundabout, Narberth then pick-ups in Carmarthen and along the M4. Bookings and

fees must be in by the next indoor meeting on July 25th. Should the trip not go ahead, money will be returned in full.

Cheques (will not be cashed until we know we are definitely going) should be made payable to West Wales Dowsers Society and sent to Jennifer Forrest, Crab Tree Cottage, Moorland Road, Freystrop, Haverfordwest, Pembrokeshire, SA62 4LE or em: [jenfo@btinternet.com](mailto:jenfo@btinternet.com)

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## SUNDAY, MAY 9TH FIELD TRIP:

### Holy Wells in Carmarthenshire

*with Phil Cope*

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Another warm, sunny day greeted us when 18 of us (later the numbers swelled to 22 including an unexpected visitor, Chris Naish from the 'Well Springs Society') met our guide, Phil Cope outside the White Hart Inn, Llanddarog. Although tempted to 'wet our whistle' in the pub we made our way to the first well.

#### Capel Begawdin (Begawdin Chapel):

What an amazing sight greeted us as we trekked our way across farmland, up a hill and entered a 'wild, 'Merlinesque' wood'. There nestling in the depths of the old, gnarled trees was an impressive but roofless ruined chapel. Although little is known of the origins, most of our party agreed that it must have been built at the behest of a Norman lord.

After dowsing some felt that the area had been known for its healing waters long before the Normans took over. In fact, the general consensus was that the earlier times were happier for the chapel before some dark deeds took place in later years.

Unfortunately little is known about the healing properties of the well and dowsing revealed many different areas perhaps reflecting the dowser's needs at the time. The spring can still be seen, bubbling up under the floor, just inside the magnificent arched doorway and over to the left.

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#### CAPEL ERBACH:

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Again another sight to take our breath away. This time the well was situated in a private garden near Porthyrhyd and had a much softer energy. Most of us felt that this had been, and still was a happier place. As it was a beautiful sunny afternoon, the sun shone through what must have been a magnificent 'rose' window.

Similar in style to Capel Erbach, again led to the belief, that an aristocratic hand was behind its erection.

According to Phil, the waters were used to heal sprained or broken limbs and previous excavations have dredged up quartz pebbles thought to be used as offerings. Some filled bottles with the spring which was still gushing outside to the right of the chapel as you face it. Later those who had drunk the waters had mixed reactions.

With some feeling 'on top of the world' and others 'rushing to the loo'! Whatever, the effect, they certainly had cleansing properties. It seems that the old adage is true 'less is more'.

*NB. Please note that if you want to visit these wells, you must have permission from the owners because both are*

*now situated on private land. For further information, there are some fabulous photographs in Phil Cope's book, 'Holy Wells: Wales - a Photographic Journey available from Seren publishers (see insert).*

Our grateful thanks go to Phil for a wonderful day out and for all the interesting information on other wells in the UK and their associated rituals. Phil advised us that he is running a 'Holy Wells Weekend' in Denbigh, from 1st - 3rd October (see insert).

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## SUNDAY, MAY 23RD:

### Making the 'Lady Stone Circle', Coed Marros -

*Ros Briagha*

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Ros began by explaining a little of the journey that led to her wanting to create her own stone circles. Having always been drawn to ancient and sacred sites 1985, saw her intuitively putting back a stone that had fallen off a Dartmoor cairn.

Later she was inspired to attend sessions by Ivan McBeth, a Druid who had gleaned wisdom from Hindu, Buddhist, Native American and other spiritual traditions. McBeth co-founded the Oak Dragon Project (website below) a group based in Wales that's dedicated to educating people in alternative subjects, such as sacred spaces, healing, spiritual paths, music and dance.

Using some stunning slides, Ros explained how she came to build her first stone circle at Brythdir Mawr. A project which took two years of hard, demanding work but one in which she had lots of and amazing energy. The next circle was set up in community woodland in Maenychlocog called Temple Mead (we had a field trip there in 2008) and the latest is at a quarry in Coed Marros.

We were shown how Ros dowsed the site first using her intuitive skills, compass bearings and astronomical observations then marked out where she wanted the stones to go. Starting with a stone in each of the cardinal directions and then the stones in between.

Later we saw how machinery was brought in to lift the stones but as Ros explained, the men doing the lifting were surprised how easily the stones moved after the first one had been put in place. She had done 'her bit' in talking to the stones, reassuring them about their new home and 'smudging' them with sage for cleansing any negative energies but then, to the astonishment of the workers, the stones had 'leapt off the ground and dropped into place'! This was particularly significant because the machinery used really only had a capacity for lighter weights.

There is place for a fire in the centre of the circle and on one occasion a fire was lit to bless the circle and later after supper, they returned to find a

'quagmire'. Just as well they had lit the fire when they did because then it was possible to have a blessing with fire and water. Towards the end of the project, the local 'wise-woman' turned up unannounced at the site, blessed the circle and sat on the South stone for ancestors. It's a mystery how she knew when to come though.

Thanks very much Ros, for a very illuminating talk and we're looking forward to a field trip next year - hint, hint! More Information?

Ros: [www.rosbriagha.org/](http://www.rosbriagha.org/) and \*Oak Dragon: [www.oakdragonschool.org](http://www.oakdragonschool.org)

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### SUNDAY, 13TH JUNE FIELD TRIP:

#### **Peter & Marie Hills Farm near Builth Wells**

*by Jennifer Forrest*

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From Haverfordwest, Newquay (Ceredigion), Llanelli and the Valley's, we converged on Builth Wells. By 11.30 refreshed by tea and coffee, we gathered bobbars, pendulums and rods and headed either on foot, or in Peter's Landrover to a beautiful wooded valley.

Dowsing showed up a wide energy line with 4 bands and a spring. We found the spring to have good drinking water but there was some dispute about how long humans had been using it.

Next we travelled back up to the high ground, whilst enjoying the views over the Brecon Beacons, to dowse a large millstone of grit that Peter had moved from another part of the farm. It was interesting to note 13 concentric rings in its aura. One person found 19.

There were also 3 underground streams of water converging under it. Advancing rain stopped 'play' but after an early lunch, Peter told us about a black/negative/ energy line that had gone through the farmhouse.

Years before he had dealt with it by placing a blue plastic copper coated wire ring in the centre of the line. Our task was to find it and on dowsing the other side of the ring, the energy line was there but the bad part, 'harmful to human health' was gone. When dowsing for black energy lines, it's important to ask 'is this energy line harmful to human health?' If the answer is 'Yes' then it needs dealing with. You can use long nails (6 inches) crystals or copper rings.

To prove a point, Peter did a muscle test with member, Hugh Phillips. While standing on the side of the copper ring with neutral energy, Peter tried and failed to exert pressure on Hugh's outstretched arm.

When Hugh stood on the 'bad' energy side, Peter, to Hugh's surprise, was able to push his arm down immediately. This goes to prove that these 'bad' energy lines sap our strength and if they pass through your house, or under your bed or comfy TV seat, then over time you are likely to become ill.

Some houses have a history of illness, arguments and unhappiness and people often report feeling better outside. It's probable they have geopathic stress and bad energy lines are usually found running through them.

As the rain set in, our final destination was back in the kitchen for hot tea, coffee and cake!

It was a superb day in lovely surroundings and we learnt a lot. Thank you Peter and Marie (and Jo who helped with refreshments).

Don't miss Peter's talk: Different Dowsing Tools on 21st July and have your questions ready on how to check your home! *'We apologise but due to lack of space the report on Peter Golding will be in the next issue'*. (Ed)

**Members News:** Ian Pegler has just been interviewed for a BBC website blog about his excellent book 'Valle Crucis and The Grail'. To catch it go to: [www.bbc.co.uk/blogs/wales/northeast/2010/06/llangollen\\_and\\_the\\_holy\\_grail.html](http://www.bbc.co.uk/blogs/wales/northeast/2010/06/llangollen_and_the_holy_grail.html)

**WWDS Website:** Check out our re-vamped website courtesy of member, Mark Lange: [www.westwalesdowers.co.uk](http://www.westwalesdowers.co.uk) There's still a little bit of work to do on the text but you can keep an eye on all the latest news.

**Car Sharing:** Let's do our bit to save the planet. If anybody is willing to car share to field trips or needs a lift, please get in touch with one of the committee members. The next trip is to the Gower on July 25th and there will be cars going from Pembs and Carmarthen area. Although it's up to the drivers, it might be a nice gesture to offer help with the fuel costs.

### FORTHCOMING EVENTS FOR 2010

Sunday July 25th

Peter Hill - *Different Dowsing Tools*

Sunday August 8th

Field Trip- *Gower*

Sunday September 26th

Karl-James Langford -  
*Prehistoric Facts from Legends*

Sunday October 24th

Dowsing Practice

Sunday November 28th

John Seward - *Dowsing for Health*

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## INDOOR MEETINGS

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Due to the slight increase in the cost of hiring the hall, indoor meetings will be slightly shorter than before. As a rough guide, the structure of the meetings will be as follows:

|                 |   |
|-----------------|---|
| 1:45pm          | Doors open  |
| 2pm - 3pm       | Talk by speaker                                     |
| 3pm - 3:30pm    | Tea break   |
| 3:30pm - 4pm    | Questions for the speaker                           |
| 4pm - 4:30pm    | Practice dowsing & healing,<br>as and when required |
| 4:30pm - 4:45pm | Put chairs and tables away                          |
| 4:45pm          | Meeting ends  |

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## SUBMITTING ARTICLES

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Please send all submissions for future Newsletters to: Sandy Mather, Gwelfryn, Llanpumsaint, Carmarthen, Carmarthenshire, SA33 6BP, or via e-mail to: [sandymather@gmail.com](mailto:sandymather@gmail.com)

If e-mailing an article, please use RTF or Microsoft Word .DOC format, whichever results in the smaller file-size, and if possible please scan the file for computer viruses. E-mail submissions are preferable to typed or hand-written articles. Articles should be kept fairly short.

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## E-MAIL ADDRESSES

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We are trying to build up a list of members' e-mail addresses so that in future, members who wish to receive newsletters and other communications

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## SOCIETY CONTACTS

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| <b>Chairman</b> <i>John Seward</i><br>01834 814278/07974 105425  |
| <b>Treasurer</b> <i>Jennifer Forrest</i><br>01437 890257/07890 586305  |
| <b>Secretary</b> <i>Ros Briagha</i><br>01269 870175  |
| <b>Newsletter Co-Editors</b> <i>Sandy Mather</i><br>01267 253547/07974 120922<br><i>Linda Griffiths</i><br>01267 281348/07900 564478 |
| <b>PR &amp; Press Officer</b> <i>Jennifer Forrest</i><br>01437 890257  |
| <b>Healing Group Leader</b> <i>John Seward</i><br>01834 814278   |
| <b>Website</b> <i>Mark Lange</i><br>01239 614442   |
| <b>General Officer</b> <i>George Cooke</i><br>01269 860830   |
| <b>General Officer</b> <i>John Taylor</i><br>01267 281706  |
| <b>General Officer</b> <i>Vivienne Ancliffe</i><br>01269 851291 / 07773 979683   |

electronically will be able to do so. If you wish to opt in, please send Sandy Mather your e-mail address, and state whether you would like to receive the full version (with pictures) or the reduced version (without pictures) [sandymather@gmail.com](mailto:sandymather@gmail.com)

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## CODE OF ETHICS

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Members shall be expected to abide by the following Code of Ethics:

\* In relation with clients, patients and others, they shall act in good faith in accordance with the highest standards of personal integrity and uphold the good name of the Society. \*Being mindful of their responsibilities to others they shall avoid and discourage sensationalism, exaggeration and misleading statements.\*They shall not use their membership of the Society as evidence of their qualifications or abilities as dowsers.

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## DISCLAIMER

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*The views expressed by the Editor and other contributors to this Newsletter are their own and are not necessarily those of the West Wales Dowsers Society. The Editor maintains full discretion and power in respect of material to be published in this Newsletter. The Editor's decision will be final unless a dispute concerning a specific item is referred for arbitration to the Committee.*

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## OTHER GROUPS

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Stone Circle Creation, Rune & Tarot Readings, Birth Chart Interpretations, Astrology, (Carmarthen / Ammanford): For enquiries, contact Ros Briagha on 01269 870175 or e-mail: [rosbriagha@hotmail.com](mailto:rosbriagha@hotmail.com)

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## DOWSING SERVICES

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| NAME:  | TELEPHONE:          |
|--|---------------------|
| <b>Arthur Bebbington</b><br>Site Works (drains, pipes and cables)    | <b>01646 600394</b> |
| <b>John Seward</b><br>Healing  | <b>01834 814278</b> |
| <b>Mark Lange</b><br>Feng Shui, Bowen Techniques,<br>Allergy Testing | <b>01239 614442</b> |
| <b>Ian Pegler</b><br>Wood-turned pendulums & L-rod handles           | <b>01970 623695</b> |

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This list of service providers is given without prejudice. In providing this list, the West Wales Dowsers Society makes no claim as to the abilities of the dowsers concerned. The Society will not accept liability of any kind, nor does it act as an Agent for any of the dowsers listed.

It is the Enquirer's responsibility to enter into any contact direct with the dowser. The dowser is to be employed on a purely personal basis. The West Wales Dowsers Society is a Society affiliated to the British Society of Dowsers. It is not a requirement of either Society that members of the West Wales Dowsers Society providing these services become individual members of the British Society of Dowsers.