



NEWSLETTER



SOCIETY FOUNDERS

*Joy Austin
J Arthur George*

WEST WALES DOWSERS SOCIETY

CYMDEITHAS DAROGANWYR GORLLEWIN CYMRU

Affiliated to the British Society of Dowsers

HON LIFE PATRONS

Mike Owen

**COULD THIS BE YOUR LAST NEWSLETTER?
SUBSCRIPTIONS WERE DUE END OF APRIL!**



AGM 24th March 2013

by Linda Griffiths

8 members and 6 committee members attended the AGM this year.

2012 has been another good year for West Wales Dowsers, with interesting speakers talking on a variety of subjects. The field trips went well and were an excellent opportunity to practise dowsing techniques.

The Committee was returned unopposed for another year. Our website and Facebook presence is helping people to know about the society. It was decided that the indoor meetings between April and September will be extended by 15 minutes to give more time for practise and chat.

It was unanimously felt that the extra time to socialize with like-minded people would be much appreciated – of course there is no obligation to stay the extra time.

It was a productive AGM and thanks go to all who came – the committee appreciated their input and comments.

At the end of the official business, the treasure hunt began. John Seward had hidden slips of paper with numbers in and around the hall and in the ground. The successful dowsers received an Easter egg as a prize – thanks go to Jennifer for organizing the eggs!

It was a productive AGM and thanks go to all who came – the committee appreciated their input and comments.

Intuition and Dowsing:

Adrian Inledon-Webber – President of the Earth Energies Group, British Society of Dowsing (BSD)

Adrian became interested in Buddhism, healing and dowsing about seven years ago. Previously he had owned a chain of Estate Agents but found it impossible to combine a commercial practice with the spiritual.

Money was still needed to live, so he sold his business and became a healer and using his dowsing skills, travels the world dealing with geopathic stress.

Adrian explained that together with other members of the Earth Energies Group, they have been researching where exactly the 'dowsing' response arises from in the body. Just because science can't prove dowsing is effective doesn't mean to say it doesn't work. He has also managed to pique the interest of medical scientists in Exeter Hospital.

Albert Einstein believed that it arises from the 'Ideo-Motor response' and 'The Power of the Subconscious'. 'Ideo' is related to the mind and 'Motor' is linked to muscular movements. This can be seen quite well in hypnotherapy where the subconscious is encouraged to provide a 'Yes' response by raising the first finger and a 'No' response with the second finger on one hand. Adrian noted that people will often start to nod or shake their head to a question before it is asked.

Other research has been carried out by the 'Heart Math' organisation (www.heartmath.org) has focussed on the discovery of brain cells in the heart and solar plexus. 'Messages' are being transported by the endocrine system through hormones.

So which organ is controlling this response the heart or the solar plexus? Mediums are trained to work through their solar plexus to gain contact with the world of spirit, are dowsers doing the same thing?

Many dowsers believe their skill lies in the messages they receive from 'beyond the veil' or from their 'higher selves'. *(To add to the debate, newer mediums in training have felt that the heart chakra is now becoming more important in gaining contact Ed)*

Psychic Protection:

Adrian was always careless about ensuring this but following a couple of disturbing incidents he received a 'big wake-up call'. During a visit to a Care

Home for the Elderly, Adrian, whilst attempting to heal one of the residents, saw a black cloud of energy moving towards him. Not being experienced in such things but feeling bad he left. Later in his car he was beset by a severe attack of migraine.

Since then he has created a subtle and invisible defence barrier around him and his energy field (aura). Intending an impenetrable shield protects you from other people's thoughts and feelings does not lessen your sensitivity, it just keeps you safe.

Whilst you are healing always watch a client's eyes because they change in colour and get darker during an attack.

Methods include surrounding yourself by white light, white gold light, violet flames, pyramids or chanting affirmations. Your aura is about 2' 6" away from your body; your psychic protection should extend 2' around you.

Deviceless Dowsing:

Adrian asked us to discover our bodily response to a series of pictures, without using rods or pendulums. Asking internally we had to discover our 'Yes' 'No' response from whether we could feel our bodies leaning forwards or backwards. This could be just a subtle movement or more noticeable.

Once this was determined and without displaying the picture, we were asked to 'dowse' whether the picture A or the picture B was better for us. Once everybody had decided their response the picture was revealed. Two examples were A. English Flag B. Welsh Flag or A. Great White Shark B. Dolphin.

Some members found this to be quite an easy exercise, others started off well but then got too confident and misinterpreted the response, they were a few that found it was impossible and reverted to their pendulums.

Thanks Adrian for a great afternoon J

Practice Day – *Sunday April 28th*

Drag Race by Linda Griffiths

Linda first informed us how she had started to work with energies and in particular, intending a vibrating energy field around her field to keep the moles to the edges!

Prior to the meeting, Linda had laid a path around the hall and its environs. At separate points she had made a stop 'mark' and then carried on. Members were shown the start point and were told the course had been laid in a clockwise direction. Although, members couldn't pick up the whole journey, some had picked up where she had stopped. Members were shown a rough map at the end to check their results.

Changing and Removing Geopathic Stress Energy Lines

by Jennifer Forrest

Jennifer invited us to dowse the width of the negative energy line which runs through the front part of the main room in the Hall.

We then all stood on the same side of it. Next we measured the direction of the flow and attempted to change it, something we all achieved. We also managed to shrink the energy line and later started looking at the positive and negative polarities of the line but time caught up with us before we could learn more about this. We restored the line afterwards, in case it affected, other things we weren't aware of.

Finger Tracing a Cretan Labyrinth –

Linda Griffiths and John Taylor

We were given an A3 handout featuring a 7 path Cretan Labyrinth and asked to bring to mind a personal problem. Preferably something that wasn't too traumatic.

Once we had the problem, we then traced the paths of the labyrinth on the paper using our finger. At the end of the 'journey', the idea is, the solution to the problem will appear in our minds.

Members, particularly those that find it hard to meditate, found this a very rewarding exercise. Thanks are especially due to John's wife who photocopied the sheets for us.

Thanks to all presenters, not only was it a valuable learning experience, it was also, a very enjoyable day and judging by the laughter, everybody had a lot of fun.

International Dowsing Day –

Sunday May 5th

Most of the Committee attempted to encourage members of the public to learn the art of dowsing at Carmarthen Castle.

Visitors, even tourists were conspicuous by their absence but despite this, we still dowsed the presence of an ancient curse perhaps connected to witches? We also discovered a negative energy line which traversed through a shop alongside the castle grounds.

This was interesting because it was known that the shopkeeper has always sensed a presence in the back of the shop and an existing illness had worsened. Sadly for him he only kept the business going for two to three years. Also sadly for WWDS, because he had always been willing to promote us and gave many members a discount on crystals etc. The original situation of the Town Cross was also discovered close by General Nott's statue in Nott's Square

Next Meeting: Sunday May 26th

Sarah Howcroft: 'The Shaman's Journey'

For many millennia, humans have understood that everything is alive and has a spirit, and that our natural way of being is to be in balance and harmony with the Earth and each other.

Modern lives often separate people from their true spirit, resulting in disease and depression. Sarah is a Shamanic Healer, teacher, and maker of drums, rattles, and other craftwork, based near Brecon.

She will be talking about Shamanism, its roots and how it has evolved into modern day practices, and the many ways in which it can help us to reconnect, including soul retrieval, vision quests, and many other techniques of healing.

You will also have the opportunity to journey with the Shaman's Drum, to meet your own spirit power animal, and it discuss your journeys afterwards.

FORTHCOMING EVENTS 2013

Sunday June 9th

Stanton Drew Stone Circles, Bristol*

Sunday June 23rd: Joy Lange, Joy of Dowsing

Sunday, July 14th

Field Trip -

Llanboidy Stone Circle & Llawhaden Castle

Sunday, July 28th

Mark Lange - Dowsing & Feng Shui

August 11th

Field Trip - The Gower

Sunday, Sept 8th

Field Trip - Caerleon Roman Remains

Sunday, Sept 22nd

Megan Wingfield - The Journey of The Lady Mary

Sunday, October 26th Practice Day - TBA

Sunday Nov 24th

Vivianne Ancliffe Moments with Megaliths

*** Field Trips are a great way to learn more about dowsing and start practising yourself. To give you ideas what to dowse for, the Committee are now in the process of developing a 'Check Sheet' which you can work through at sites. Car sharing available.*

Stanton Drew Stone Circles: Although this is the third largest collection of prehistoric standing stones in England, the three circles and three-stone 'cove' of Stanton Drew are surprisingly little-known. Recent surveys have revealed that they were part of a much more elaborate ritual site. (English Heritage)

INDOOR MEETINGS

Due to the slight increase in the cost of hiring the hall, indoor meetings will be slightly shorter than before. As a rough guide, the structure of the meetings will be as follows:

1:45pm	Doors open
2:00pm – 3:00pm	Talk by speaker
3:00pm – 3:30pm	Tea break
3:30pm – 4:00pm	Questions for the speaker
4:00pm – 4:30pm	Practice dowsing and healing, as and when required
4:30pm – 4:45pm	Put chairs and tables away

OTHER GROUPS

Stone Circle Creation, Rune & Tarot Readings, Birth Chart Interpretations, Astrology, (Carmarthen / Ammanford): For enquiries, contact Ros Briagha on 01269 870175 or e-mail: rosbriagha@hotmail.com

SOCIETY CONTACTS

Chairman - John Seward	01834 814278
<i>Mobile</i>	07974 105425
Treasurer - Jennifer Forrest	01437 890257
<i>Mobile</i>	07890 586305
Secretary - Ros Briagha	01269 870175
Newsletter Co-Editors	
Sandy Mather	01267 253547 / 07974 120922
Linda Griffiths	01267 281348 / 07900 564478
Public Relations & Press Officer	
Jennifer Forrest	01437 890257
Healing Group Leader	
John Seward	01834 814278
Website - Mark Lange	01239 614442
<i>Mobile</i>	07817 064969
General Officer - John Taylor	01267 281706
General Officer - Vivianne Ancliff	01269 851291/
<i>Mobile</i>	07773 979683

DOWSING SERVICES

John Seward	01834 814278
<i>Healing</i>	
Mark Lange	01239 614442
<i>Feng Shui, Bowen Techniques, Allergy Testing</i>	
Ian Pegler	01970 623695
<i>Wood-turned pendulums & L-rod handles</i>	
Sid Vincent	01437 764415
<i>Dowsing Bobbers</i>	
Glyn Williams	01267 235565
<i>Reiki / Reflexology</i>	

The above list of service providers is given without prejudice. In providing this list, the West Wales Dowzers Society makes no claim as to the abilities of the dowzers concerned. The Society will not accept liability of any kind, nor does it act as an Agent for any of the dowzers listed. It is the Enquirer's responsibility to enter into any contact direct with the dowser. The dowser is to be employed on a purely personal basis. The West Wales Dowzers Society is a Society affiliated to the British Society of Dowzers. It is not a requirement of either Society that members of the West Wales Dowzers Society providing these services become individual members of the British Society of Dowzers.

DISCLAIMER

The views expressed by the Editor and other contributors to this Newsletter are their own and are not necessarily those of the West Wales Dowzers Society. The Editor maintains full discretion and power in respect of material to be published in this Newsletter. The Editor's decision will be final unless a dispute concerning a specific item is referred for arbitration to the Committee.