



NEWSLETTER



SOCIETY FOUNDERS

Joy Austin

WEST WALES DOWSERS SOCIETY

CYMDEITHAS DAROGANWYR GORLLEWIN CYMRU

Affiliated to the British Society of Dowzers

HON LIFE PATRONS

Mike Owen

J Arthur George



Linda Griffiths, showing strange coloured 'energy' (?) lines and orbs.

The Magic of Stone Circles –

Ros Briagha (standing in for Geoff Holder)

About 7,000 years ago, there was a change from being a wandering 'hunter/gatherer' society to an adoption of 'farming' and a more settled way of life.

It's believed that various tribes marked their territories by the building of structures such as Long Barrows. These were used to bury the dead but more recent findings have denoted their use for other rites. Later, barrows were replaced with larger meeting places such as henges, circles of wooden posts surrounded by ditches. Later still the wood was replaced by stone, the most notable example being Stonehenge in Wiltshire. Due to the lack of bones or signs of burial they are unlikely to have

been places for the dead but Ros believes they were a focus for significant tribal ceremonies to mark births, alliances, marriages and deaths. The body would have been transported for burial elsewhere after the performance of the rites, or they may have been subjected to 'sky burials', where the bodies were laid on stones and left for disposal by wildlife.

Correct Way to Approach and Dowse a Stone Circle

Before entering any ancient site, always ask for the 'Guardians' permission. This can be done by dowsing. Also find out the correct 'entrance and exit'. As you walk the sites, be open to the changing energies of the stones, particularly in healing circles where each stone will have a different function. Dowse to discover which is more beneficial to you. Also, dowse whether the stones have a positive or

negative charge. You might also like to check out the astronomical alignments for yourself. In the UK, for every day of the year, the sun is exactly due East at 6am GMT. Due South at 12 noon GMT and due West at 6pm GMT, whether or not it has risen above the horizon. 'Of course, it's due North at Midnight'.

Making a Stone Circle

After tea, members were encouraged to build our own stone circle using stones brought in by Jennifer and Ros. We first dowsed or used our 'awareness' to pick a stone, then placed it in the circle or outside if that's where we felt it should go. Eventually we had a large circle with several outliers.

We did a group meditation and visualised the light pouring into the circle and from each stone and connecting us all together with the brilliance. We were then asked to 'work' with our own stone, to connect with it in any way we wished. Some crouched down by their stone, holding and warming it in their hands, later we reported back on what we had 'felt, seen or heard'.

The experiences were many and varied including receiving healing or messages significant to the person. We also dowsed for the most appropriate way to enter and leave the circle and also, we picked up the lines of energy that had appeared due to the placement of the stones. Meanwhile, Linda Griffiths had been taking photos on the periphery of the circle and amazingly some photos showed streaks of thin, coloured lines and orbs. Not surprisingly then, that some members sensed the presence of Rob Hemmings, one of our oldest members and a truly natural dowser, who sadly passed on two years ago. *What a way to finish 2012, thanks Ros!*

Animal, Vegetable or Mineral -

'How the Earth Energies Manifest Themselves to Those Who Have Eyes to See' - Sig Lonegren

According to Sig, the three Kingdoms, Animal, Vegetable and Mineral are connected to the Earth Energies particularly in the presence of primary water.

Primary water comes from deep within the earth but is unable to reach the surface as streams, pools or rivers. They become 'blind springs' spreading out to find a way through or congregate to

form domes of water under the surface. The result is a lot of suppressed negative or 'yin' energy. Conversely, secondary water is found in lakes, rivers and the sea which is part of the perpetual cycle of condensation to clouds then rain or snow.

Animal

Using some beautiful slides Sig demonstrated how animals are attracted to areas of blind springs etc. It seems that those with cloven hoofs are particularly driven to these areas of 'yin' or negative energy. We were shown examples of where deer had 'scraped' the ground, especially during rutting to show their presence to rivals and also 'deer beds', the latter often situated over areas where two springs had crossed.

Also cattle that had gathered tightly into one particular area in a field which later dowsed to reveal a dome or favourite areas to give birth, often in areas of crossed primary water. There were also pictures of birds attracted to a particular tree that was growing in an area of significant energies. Anthills were often built in these yin areas.

We were also encouraged to observe cats, see where they love to snooze and then dowse the area. They are particularly drawn to negative energy spots. Sig described observing paths of foxes and badgers through a friend's garden, dowsed to discover they were following or skirting veins of primary water.

Mineral Kingdom

There are many natural sites such as mountains and hills that have been regarded as sacred by ancient man and the 'legends' regarding them have been passed down through the oral history of the tribes. They are seen as 'natural power centres'. Some have been assembled by man such as Avebury* where stones have a simulacra, or 'likeness' to animals, birds or even people. They have either been chosen for this characteristic, or have taken it on through weathering or 'handling'.

Not everyone sees them, or some see different things in the stones. We were shown several pictures of Avebury which ably demonstrated this fact. Other examples, of these natural sites which attract or are attracted to primary water include 'erratic boulders', enormous stones dropped at random during the passage of a glacier. Many of these became shelters for early settlers. **Those that went on our 2012 Avebury trip, with Peter Knight, saw wonderful simulacra in the stones. Ed.*

Vegetable Kingdom

Sig showed us lots of examples of trees with strange growths or formations resulting from the underground water. Some had large protrusions or 'burls' on their trunks, known to be 'cancerous' growths. The Iroquois Indians used to cut off the burls and used them in ceremonies.

Some trees had strange root formations. Sometimes these have formed areas big enough to form so called 'Root Cellars'. Sig disparaged the official explanation of them originally being areas to store goods because in one, he had witnessed a significant solar alignment, so powerful that it served as his first 'awakening' to the spiritual nature of life and his abilities as a dowser.

Other trees, which had branches growing outwards and then turning inwards, were particularly favoured as areas for the Anglo Saxons to go for their 'Moots'. If tribes couldn't agree they would gather together under one of these trees to argue a 'moot point'. The Vikings had a similar practice which they called 'Tings'. The Ting is the Head of Legislature in the Isle of Man and Native Americans used to hold their 'Councils' under a tree.

Day and Night Signs

Throughout his presentation Sig encouraged us to become more aware of the signs demonstrated by the three kingdoms. If you are suddenly struck by something significant or something seems to be trying to get your attention, then think or meditate on what it might be trying to tell you.

Labyrinths

Labyrinths have been created for aeons and are probably a way of raising the awareness of man to the inherent powers of nature. Examples of this are demonstrated by the conical spirals in a pine cone or a snail's shell. Also, the ancient art of dowsing enabled the observation of the actions of primary water thousands of years ago.

This encouraged the building of spiral creations imitating the domes of water below. Sig believes that if you have a problem, by meditating upon this and walking a labyrinth, you will find the answer popping into your head as you leave. You can also trace along a labyrinth on paper with your finger for the same result.

Fibonacci Spiral

The Fibonacci Spiral is a geometric spiral whose growth is regulated by the Fibonacci series of numbers, 1, 1, 2, 3, 5, 8 and so on. Each number is the addition of the two numbers before it, $1+1 = 2$. When plotted on a graph, they make a spiral. The ratio of the spiral is 1:68 or Pi the 'Golden Mean' in Sacred Geometry.

We have had other speakers on this subject demonstrating how many ancient cathedrals have been created using the Golden Mean. There is far too much to this subject to be covered here but I urge you to read up on this fascinating subject.

Sid Vincent – Dowsing Here, There and Everywhere – an answer to the question posed at the end of his article (Issue 122):

*Note: Every now and again there will be someone in my audience who cannot use any of the dowsing tools.
This puzzled me until I found the reason ...*

'Could it be that those who could not dowse were blocking "it" because they were sceptics or non-believers? No, because I have taught maths and science teachers who were clearly sceptical.

One of my very grateful pupils is an Italian psychologist who was as beautiful as she was intelligent and expressed her gratitude with a warm hug. Therefore, it had to be something within them that was putting up the barrier so, with their permission, I dowsed their chakras (pronounced chuckras and not shakrus) and in every case most of their chakras were "out". (*Hands of Light by Barbara Brennan*).

I am not into mending chakras and am wary of those who clear and balance chakras after doing a one week course, without the knowledge of the cause of the blockage, eg. Physical, spiritual, psychological, medical, ethereal, karma (past life), so I advised them to have some healing – healers abound at Mind, Body, Spirit (MBS) events. Some returned after getting Reiki, some had hands-on healing and one had Aura Soma and all were delighted that they could dowse. I wish I had a way to monitor how long the healing was effective. By the way, one of Barbara's students who bought dowsing tools from me said that Barbara encouraged her students to use wooden pendulums. *'Thanks Sid for this explanation which, following your last article has been puzzling members.*

FORTHCOMING EVENTS 2013

Don't forget our last meeting of the year!
Sunday November 25th Geoff Holder, 101 things to do with a Stone Circle: *If you thought that there were only three main theories about Stonehenge (ancestor rituals, healing centre, astronomical observatory) think again; Geoff, popular speaker and writer of this witty book with same title, will offer 101 theories to explain why the UK's more than 900 Stone Circles were built.*

March 24th	AGM
April 28th	Sarah Howcroft, Shamanism
May 5th	International Dowsing Day Field Trip to Carmarthen Castle
May 26th	Practise
June 9th	Stanton Drew Stone Circles
July 14th	Whitland Abbey Area (TBC) and Llawhaden Field
June 23rd	Mark Lange, Dowsing for Health.
July 28th	Joy Lange, The Joy of Dowsing!
August 11th	The Gower
September 8th	Caerleon Roman Remains
September 22nd	Megan Wingfield, Journey of the Lady Mary.
October 27th	Practise.
November 24th	Vivianne Ancliff, Moments with Megaliths.

**AGM: Following the meeting there will be a choice of dowsing for Easter Eggs or Dowsing a shape – the lines will be laid down previously for you to discover and draw the shape you find.*

INDOOR MEETINGS

Due to the slight increase in the cost of hiring the hall, indoor meetings will be slightly shorter than before. As a rough guide, the structure of the meetings will be as follows:

1:45pm	Doors open
2:00pm – 3:00pm	Talk by speaker
3:00pm – 3:30pm	Tea break
3:30pm – 4:00pm	Questions for the speaker
4:00pm – 4:30pm	Practice dowsing and healing, as and when required
4:30pm – 4:45pm	Put chairs and tables away

OTHER GROUPS

Stone Circle Creation, Rune & Tarot Readings, Birth Chart Interpretations, Astrology, (Carmarthen / Ammanford): For enquiries, contact Ros Briagha on 01269 870175 or e-mail: rosbriagha@hotmail.com

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<i>Wood-turned pendulums & L-rod handles</i>	
Sid Vincent	01437 764415
<i>Dowsing Bobbers</i>	
Glyn Williams	01267 235565
<i>Reiki / Reflexology</i>	

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