



NEWSLETTER



SOCIETY FOUNDERS

WEST WALES DOWSERS SOCIETY
CYMDEITHAS DAROGANWYR GORLLEWIN CYMRU

HON LIFE PATRONS

Arthur Bebbington

MERRY CHRISTMAS and a HAPPY DOWSING NEW YEAR!



John Seward dowsing for health - Photo by Linda Griffiths

PREHISTORIC FACTS FROM LEGENDS – KARL-JAMES LANGFORD PGDIPAH

Karl-James Langford is a Field Archaeologist and lecturer at the Vale of Glamorgan and is clearly very experienced at what he does. His talk consisted of a whistle-stop tour of a variety of prehistoric sites that have given rise to legends over the centuries. In a lot of cases, as he demonstrated, these legends can often have a basis in fact.

Probably we are all familiar with the fact that the Early Christians 'adapted' pagan sites, to first assist in the conversion of pagans to Christianity and then gradually set about denigrating the old religion by linking it firmly with the Devil. Hence anybody practicing the ancient arts or visiting the sites would also be a 'tool' of the Devil or in the deadly grip of the Devil's claws.

It's believed that many of the rituals performed at pagan sites were in connection to fertility and paying homage to the appropriate God or Goddesses. They were often a place of celebration, for feasting, music and dancing which in the early Christians mind were certainly the Devil's activities. Dire warnings were issued to warn 'parishioners' that the vengeful God would strike them down and turn them to stone if they were found to be cavorting with the Devil, particularly on the Sabbath.

Women often seem to have courted this wrath as can be seen by the names given to prehistoric sites such as 'Nine Maidens' on Dartmoor. According to local legend these stones represent young women who went out and danced on the Sunday and were turned to stone. Not satisfied with that punishment, they were compelled to relive it and dance every day at noon for 'the rest of eternity'!

Not content with castigating innocent pursuits such as dancing, later religious leaders also spread dire stories about evil old hags or 'witches' who would use these sites for their own nefarious purposes and of course, consort with Satan in all senses of the word!

Another set of legends relate to ghostly apparitions being seen around sites and Karl explained that very often sites excavated have been seen to contain a variety of bones or full skeletons. Further research on the origins of these bones has brought the belief that travellers may have come to worship at the sites and having been struck down by disease or worse, have been buried by their families.

It was also usual for relatives to be buried at ancient sites so that on a return journey they could be venerated. Karl said that relatives may even have dug up the urn containing the bones of their dear departed granny in order to do this properly. This may well have given rise to some of the 'ghostly' stories.

Other tales linking prehistoric sites to legends concern nature elementals and the explanation could be because some of the cairns, cists etc. have such low ceilings that one would have to be of retarded growth to get in them. These sites may have been associated with shorter people as a result.

One of the legends linked to a Burial Chamber in an area known as Tinkinswood, near Barry in South Glamorgan is if you sleep the night here on the eve of certain special days in the year, you will 'go mad or become a poet'

Karl covered a lot of detail in a very short time, unfortunately too much to go into here but he has supplied us with handouts for anybody who is interested. He also succeeded in causing a stunned silence when he announced he was an 'Angelic Witch' but that's another story and most certainly not a legend!

For further information on Tinkins Wood or other prehistoric sites: www.megalithic.co.uk (You're advised to join to get the up to date information. Well worth it and free)

DOWSING PRACTICE

This very useful afternoon of dowsing practice was led by John Seward and Jennifer Forrest with members enthusiastically joining in with the opportunity to test their abilities. Mark Lange and Linda Griffiths had prepared tables with items designed to test our skills.

On Linda's table you had to ascertain which box had a piece of local white quartz in and which cup

had a pot of water in. Mark's table had a display of flower remedies that you could dowse to see if you would benefit from taking a particular remedy. He had also printed off some charts with shapes on which could help with the healing of any health issues you may have.

These shapes can be put under water (Mark uses a glass for this and has found that the water can taste different after being 'treated' in this way), the shapes can also be put in beds, in shoes, under pet beds and bowls etc. Mark also finds these work extremely well with animals.

You can print off your own copies of these charts by going to www.saisanjeevini.org/welcome.htm

John Seward had hidden 4 pieces of rose quartz around the hall, some inside and some outside. Once again the weather was fine enough for us to work outside and the lucky dowsers who successfully dowsed there whereabouts were given a piece of rose quartz as a prize.

John and Jennifer also explained and demonstrated how they would place crystals and a Lakhovsky coil on a detrimental energy line when working to 'clear' someone's property. After dowsing to discover the location and width of the line that runs through the hall, Jennifer and John placed a crystal on each edge of the line, and placed the Lakhovsky coil in the centre of the line. They then dowsed to show how the line had 'disappeared' and following this, Jennifer went outside to find the point where it reappeared in the car park.

We did get a few misleading answers, with some people getting definite responses during the crystal hunt only to find nothing there, yet these points seemed to be where John had hidden the crystals last year. This led to a discussion about the possibility of picking-up on residual energies and this left-over energy or vibration could be the reason a few people incorrectly dowsed which box had the crystal in and which cup had the water in on Linda's table.

All in all, everyone seemed to have an enjoyable afternoon and thanks to John, Jennifer, Linda and Mark for all the hard work in creating it.

DOWSING FOR HEALTH -

Our thanks go to the 14 hardy souls that braved the 'Arctic' conditions to listen to our Chairman, John Seward deliver a fine talk. In fact the subject proved to be so interesting that the talk soon became a discussion with questions fired at John from every angle.

Controversially for some, John feels that a lot of organic foods are wrongly labelled. He feels that the Soil Association requirements are not long enough and that fields used for growing organic produce should have been chemical free for twenty years and not three as at present. John advised us to dowse our

foods as much as possible; to be sure we are getting truly organic produce.

John also explained that it was important to earth your mattress to ensure a better night's sleep, or preferably buy an organic mattress to enjoy sweet dreams all night long. Later John assisted members in learning how to dowse each other's auras and bodies to discover if any ailments were present.

Thanks John for bestowing your wealth of knowledge in such a short time due to the bad weather conditions and people leaving early.

CUP MARKS ON STANDING STONES

Recently I read an article with regard to various theories about why 'cup marks' or small indentations have been made on standing stones. One good Welsh example is 'Trefael', a solitary standing stone situated in a wind-swept field near Newport, Pembrokeshire. This stone has a very 'spotty' appearance with 75 cupmarks on its upper surface.

I remember the late Rob Hemming saying they were probably used for sacred oils but apparently some astronomers believe they could have been used to represent areas of the sky containing the constellations of the star constellations of Cassiopeia, Orion, Sirius and of course the North Star. I'd be interested to hear if you have any views on the matter? I am inclined to believe this might be the case but perhaps not the whole picture. However, it's undeniable that the sky held a great fascination to our forebears.

Here is our former Editor's view on the matter:

"...the "North Star", Polaris, was nowhere near Celestial North during the Bronze Age. It may, therefore, have had some other significance for our ancestors. The idea that cup and ring markings was some kind of "language" was mooted by Alexander Thom more than 40 years ago, but I don't think he took it very far."

If you'd like to read more about this and see the photos of recent excavations at Trefael together with clear photos of the cupmarks, please go to: www.pasthorizons.com/index.php/archives/11/2010/standing-stone-cup-marks-may-represent-star-constellations

TREE SPRITES

Each type of sprite has a different specialty. Tree sprites are responsible for helping trees to shake off the Winters snow, budding leaves, bearing fruit, which they tend to snack on, turning the leaves in the autumn, and plucking the leaves away once they've lost their radiance.

They go deep into the trees in the Winter and sing to the roots to keep the trees company during the long lonely winter as the trees miss the birds and squirrels terribly. If the sprites aren't there to soothe the trees they sometimes don't make it to the next Spring.

Tree Sprite - Photo by Vivianne Ancliffe:



FORTHCOMING EVENTS FOR 2011*

Sunday January 23rd **Angela Brunt**
Local History

Sunday February 27th **Patrick Macmanaway** -
My Life with Dowsing

Sunday March 27th **AGM All Please Attend!**

Sunday April 24th **Phil Cope**
Holy Wells of Cornwall

Sunday May 22nd **Dowsing Practice**

Sunday June 26th **Peter Golding**
Geopathic Stress

Sunday July 24th **Steve Douglas**
Working with Orbs

Sunday September 25th **Ann Lodgyonski**
Dowsing with Animals

Sunday October 23rd **Peter Knight**
- Wessex Astrum

Sunday November 27th **Ros Briagha**
- Working with our Energy Bodies

INDOOR MEETINGS

Due to the slight increase in the cost of hiring the hall, indoor meetings will be slightly shorter than before. As a rough guide, the structure of the meetings will be as follows:

1:45pm	Doors open
2pm - 3pm	Talk by speaker
3pm - 3:30pm	Tea break
3:30pm - 4pm	Questions for the speaker
4pm - 4:30pm	Practice dowsing & healing, as and when required
4:30pm - 4:45pm	Put chairs and tables away
4:45pm	Meeting ends

SUBMITTING ARTICLES

Please send all submissions for future Newsletters to: Sandy Mather, Gwelfryn, Llanpumsaint, Carmarthen, Carmarthenshire, SA33 6BP, or via e-mail to: sandymather@gmail.com

If e-mailing an article, please use RTF or Microsoft Word .DOC format, whichever results in the smaller file-size, and if possible please scan the file for computer viruses. E-mail submissions are preferable to typed or hand-written articles. Articles should be kept fairly short.

E-MAIL ADDRESSES

We are trying to build up a list of members' e-mail addresses so that in future, members who wish to receive newsletters and other communications electronically will be able to do so. If you wish to opt

SOCIETY CONTACTS

Chairman	01834 814278/07974 105425
Treasurer	01437 890257/07890 586305
Secretary	01269 870175
Newsletter Co-Editors	01267 253547/07974 120922
	01267 281348/07900 564478
PR & Press Officer	01437 890257
Healing Group Leader	01834 814278
Website	01239 614442
General Officer	01269 860830
General Officer	01267 281706
General Officer	01269 851291 / 07773 979683

in, please send Sandy Mather your e-mail address, and state whether you would like to receive the full version (with pictures) or the reduced version (without pictures) sandymather@gmail.com

CODE OF ETHICS

Members shall be expected to abide by the following Code of Ethics:

* In relation with clients, patients and others, they shall act in good faith in accordance with the highest standards of personal integrity and uphold the good name of the Society. *Being mindful of their responsibilities to others they shall avoid and discourage sensationalism, exaggeration and misleading statements.*They shall not use their membership of the Society as evidence of their qualifications or abilities as dowsers.

DISCLAIMER

OTHER GROUPS

Stone Circle Creation, Rune & Tarot Readings,
Birth Chart Interpretations, Astrology,
(Carmarthen / Ammanford):
Ros Briagha on 01269 870175 or e-mail:
rosbriagha@hotmail.com

DOWSING SERVICES

NAME:	TELEPHONE:
Arthur Bebbington	01646 600394
Site Works (drains, pipes and cables)	
John Seward	01834 814278
Healing	
Mark Lange	01239 614442
Feng Shui, Bowen Techniques, Allergy Testing	
Ian Pegler	01970 623695
Wood-turned pendulums & L-rod handles	
Sid Vincent	01437 764415
Dowsing Bobbers	

This list of service providers is given without prejudice. In providing this list, the West Wales Dowsers Society makes no claim as to the abilities of the dowsers concerned. The Society will not accept liability of any kind, nor does it act as an Agent for any of the dowsers listed.

It is the Enquirer's responsibility to enter into any contact direct with the dowser. The dowser is to be employed on a purely personal basis. The West Wales Dowsers Society is a Society affiliated to the British Society of Dowsers. It is not a requirement of either Society that members of the West Wales Dowsers Society providing these services become individual members of the British Society of Dowsers.